



The Tierra Times

March 2024

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For the month of February 2023

Tierra Rose would like to recognize,

Vinson Jonaes!

He is a great team player and has grown into his position very well!

Vinson is constantly looking up recipes or watching videos on how to make something that he has never made before. He always has a great attitude and is willing to pick up a shift when needed.



Employee of the Month for February 2023



Tierra Rose Life Enrichment Department

Hello friends, family, residents,
and staff who read the Newsletter!

We are still open to donations.

Currently we are searching for Spanish Books. We are always
accepting all regular books, craft supplies and décor.

If you have any interest in volunteering, please reach out to the e-mail
listed below, and what you would be interested in doing to help enrich
the lives of our residents.

-Thank You!

Stephanie Tenny – Life Enrichment Director



Life Enrichment Director e-mail: stenny@tierrarose.com

Tierra Rose Life Enrichment Department, Valentines Soiree!





Entertainment for March

(All Entertainment is held in the dining room)

03/06 Adam Performs @11:30am

03/12 Rachel Performs @4:00pm

03/25 Royce Performs @ 11:30am





Administrator's Corner

Colleen Rees

Policy for Foods Brought by Family/Visitors

Food brought to the facility by visitors and family is permitted. Facility staff strive to balance resident choice and a homelike environment with the nutritional and safety needs of residents.

There are some things you can do to help us with this goal:

1. Inform nursing staff when foods are brought in for a resident.
2. Only bring in food for your friend or family member, please do not share with other residents.
3. Prepare and transport food using safe food handling practices, including:
 - a. Safe cooling and reheating processes.
 - b. Holding temperatures.
 - c. Preventing cross-contamination with raw or undercooked foods.
 - d. Hand hygiene.
4. Food left for the resident to consume later needs to be labeled and stored in a manner that is clearly distinguishable from facility-prepared foods.
 - a. Non-perishable foods are stored in re-sealable containers with tightly fitting lids. Intact fresh fruit may be stored without a lid.
 - b. Perishable foods are stored in re-sealable container with tightly fitting lids in the resident refrigerator. Containers are labeled with the resident's name, the item and the "use by" date. Generally, 72 hours unless it is a condiment that has a "use by" date.

The staff are available to assist with labeling. They will discard items that show signs of potential foodborne danger (past due expiration dates, mold, or foul odor). Foods left out more than 2 hours without heat or refrigeration will be discarded. Foods that are a potential choking hazard for residents with impaired cognitive function or swallowing difficulty will be taken from the resident and every effort will be made to return it to the family/visitor.

St. Patrick's HAPPY DAY



March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>Dayroom closed for Beginning of the month preparations until complete! We will open the Activity room when we are done with preparations.</p>
<p>9:00am The Daily Chronicle 9:30am Online Church Service Beautiful Surrender / Part 1 The blessing of Surrender (Held in the Dayroom) 10:30am Discussion 12:30pm Table Games</p> <p>Happy Birthday Marsha, S</p>	<p>9:00am The Daily Chronicle 9:30am Game show social 12:30pm Manicures 3:30pm Men's social group</p>	<p>9:00am The Daily Chronicle 9:30am Game show social 10:30-11:30am Room Visits 2:00pm-3:00pm BINGO 3:30pm Ladies Talk Time</p>	<p>9:00am The Daily Chronicle 9:30am Game show social 11:30am Adam Performs 12:30pm Table Games 3:30pm Task Assistance 3:30pm Bible Study (Held in the Dining Room)</p>	<p>9:00am The Daily Chronicle 9:30am Game show social 12:30-1:30pm Room Visits 2:00pm-3:00pm BINGO 3:30pm Craft Time!!</p>	<p>9:00am The Daily Chronicle 9:30 Game show social 12:30pm Who, What, Where? 3:30pm Manicures</p> <p>Womens Day</p>	<p>9:00am The Daily Chronicle 9:30-11:30am Movie Morning 2:00pm-3:00pm BINGO 3:30pm Social Hour</p>
<p>9:00am The Daily Chronicle 9:30am Online Church Service Beautiful Surrender / Part 2 Enough Oil (Held in the Dayroom) 10:30am Discussion 12:30pm Table Games</p>	<p>9:00am The Daily Chronicle 9:30am Game show social 12:30pm Manicures 2:00-3:00pm Closed for All staff meeting! 3:30pm Men's social group</p>	<p>9:00am The Daily Chronicle 9:30am Game show social 10:30-11:30am Room Visits 1:00-2:00pm Dog Visits 2:00pm-3:00pm BINGO 3:30pm Ladies Talk Time 4:30pm Rachel Performs</p>	<p>9:00am The Daily Chronicle 9:30am Game show social 12:30pm Table Games 3:30pm Task Assistance 3:30pm Bible Study (Held in the Dining Room)</p>	<p>9:00am The Daily Chronicle 9:30am Game show social 12:30-2:00pm Room Visits 1:00pm Resident Council 2:00pm-3:00pm BINGO 3:30pm Craft Time!!</p>	<p>9:00am The Daily Chronicle 9:30 Game show social 12:30pm Who, What, Where? 12:45pm-2:00pm Friendship Brigade, here to visit in the Activity room! 3:30pm Manicures</p>	<p>9:00am The Daily Chronicle 9:30-11:30am Movie Morning 2:00pm-3:00pm BINGO 3:30pm Social Hour</p>
<p>9:00am The Daily Chronicle 9:30am Online Church Service Beautiful Surrender / Part 3 Going in Circles (Held in the Dayroom)</p> <p>St. Patrick's Day</p>	<p>9:00am The Daily Chronicle 9:30am Game show social 12:30pm Manicures 3:30pm Men's social group</p>	<p>9:00am The Daily Chronicle 9:30am Game show social 10:30-11:30am Room Visits 2:00pm-3:00pm BINGO 3:30pm Ladies Talk Time</p> <p>First day of Spring</p>	<p>9:00am The Daily Chronicle 9:30am Game show social 12:30pm Table Games 3:30pm Task Assistance 3:30pm Bible Study (Held in the Dining Room)</p>	<p>9:00am The Daily Chronicle 9:30am Game show social 12:30-1:30pm Room Visits 2:00pm-3:00pm BINGO 3:30pm Craft Time!!</p>	<p>9:00am The Daily Chronicle 9:30 Game show social 12:30pm Who, What, Where? 3:30pm Manicures</p> <p>Happy Birthday Marcy, P</p>	<p>9:00am The Daily Chronicle 9:30-11:30am Movie Morning 2:00pm-3:00pm BINGO 3:30pm Social Hour</p>
<p>9:00am The Daily Chronicle 9:30am Online Church Service Beautiful Surrender / Part 4 Between a rock and a high place (Held in the Dayroom) 10:30am Discussion 12:30pm Table Games</p>	<p>9:00am The Daily Chronicle 9:30am Game show social 11:30am Royce Performs 12:30pm Manicures 3:30pm Men's social group</p> <p>Happy Birthday Karen, B</p>	<p>9:00am The Daily Chronicle 9:30am Game show social 10:30-11:30am Room Visits 1:00-2:00pm Dog Visits 2:00pm-3:00pm BINGO 3:30pm Ladies Talk Time</p>	<p>9:00am The Daily Chronicle 9:30am Game show social 12:30pm Table Games 3:30pm Task Assistance 3:30pm Bible Study (Held in the Dining Room)</p>	<p>9:00am The Daily Chronicle 9:30am Game show social 12:30-1:30pm Room Visits 2:00pm-3:00pm BINGO 3:30pm Craft Time!!</p>	<p>9:00am The Daily Chronicle 9:30 Game show social 12:30pm Who, What, Where? 3:30pm Manicures</p> <p>Good Friday</p>	<p>9:00am The Daily Chronicle 9:30-11:30am Movie Morning 2:00pm-3:00pm BINGO 3:30pm Social Hour</p>
<p>9:00am The Daily Chronicle 9:30am Online Church Service Beautiful Surrender / Part 5 Chased by God (Held in the Dayroom) 10:30am Discussion 12:30pm Table Games</p> <p>Orthodox Easter Day</p>						

ATTENTION: All activities are subject to change! Please see an activity professional if you have any questions!

INGREDIENTS

1. 4 cups all-purpose flour
2. ½ cup margarine or butter, softened
3. 4 tablespoons white sugar
4. 1 teaspoon baking soda
5. 1 tablespoon baking powder
6. ½ teaspoon salt
7. 1 cup buttermilk
8. 1 large egg
9. ¼ cup butter, melted
10. ¼ cup buttermilk

INSTRUCTIONS

1. Preheat the oven to 375 degrees F (190 degrees C). Lightly grease a large baking sheet.
2. Mix flour, softened margarine, sugar, baking soda, baking powder, and salt together in a large bowl. Stir in 1 cup of buttermilk and egg. Turn dough out onto a lightly floured surface and knead slightly. Form dough into a round loaf and place on the prepared baking sheet. Note that the dough will be a little sticky.
3. Combine melted butter with 1/4 cup buttermilk in a small bowl: brush loaf with this mixture. Use a sharp knife to cut an 'X' into the top of the loaf.
4. Bake in preheated oven until a toothpick inserted into the center of the loaf comes out clean, 45 to 50 minutes. Check for doneness after 30 minutes. You may continue to brush the loaf with the butter mixture while it bakes.



Irish Soda Bread

Management Team

Colleen Rees

Administrator

LeighAnn Allen

Assistant Administrator

Zac Metzker

Rosewood Administrator

Jeff Beattie

Plant Manager

Stephanie Tenny

Life Enrichment Director / Safety Chair Committee

Rhonda Burbank

Social Services Director

Tammy Rossi, RN

Director of Nursing

Emily Moon, LPN

Assistant Director of Nursing

Megan Realander, RN

Resident Care Manager

James Johnston, LPN

Resident Care Manager

Maira Fernandez, LPN

Resident Care Manager

Mirna Bermudez

Housekeeping / Laundry Supervisor

Celly Perez

Unit Coordinator

Robert Dawson

Dietary Manager